

To Begin

✓ **Herb & Garlic Baked Camembert** £7.9

Rustic Bread, Cranberry Sauce

♥ **Our Famous Scotch Egg** £6.5

Black Pudding Sausage Meat with Piccalilli

Duck, Fig & Pistachio Terrine in Parma Ham £6.5

Toasted Bread, Sticky Fig Relish

British Potted Crab £6.5

Artisan Bread, Pickled Cucumber

✓ **Garlic Mushrooms on Toasted Ciabatta** £5.95

Rocket, Parmesan Shavings, Balsamic Glaze

VEGAN **Chefs Soup of the Day** £5.90

Sunflower & Honey Bread

Hand Made Italian Dough Balls x 4 £5

Garlic Butter (Add Mozzarella £1)

The World Famous Cape Long Dog

♥ **12 Inches of Meaty Pleasure in a Brown or White Baguette** £7.5

Make it a Chilli Long Dog for £2 extra. Add Cheese £1

Artisan Baguettes & Wraps

Brown or White Baguette or a Tortilla Wrap with Rustic Fries & Slaw

Cajun Spiced Chicken, Smokey Bacon, Iceberg Lettuce £7.9

Roast Rump of Beef & Aged Stilton £7.9

Streaky Bacon, Brie, Cranberry Sauce £7.9

Roast Pork, Stuffing, Crackling & Apple Sauce £7.5

✓ **The Italian Job - Beef Tomatoes, Buffalo Mozzarella & Fresh Pesto (Add Serrano Ham £2)** £7.5

Let's Get Rollin

BBQ Pulled Pork & Salad Pretzel Roll £7.5 VEGAN **BBQ Pulled Jackfruit & Salad Pretzel Roll** £6.9

Sweet Potato Fries & Slaw

Sweet Potato Fries & Vegan Slaw

Battered Fish Finger Sarnie on Toasted Ciabatta £7.9

Iceberg Lettuce, Tomato & Tartare

Tuna Melt on Toasted Ciabatta £7.5

Spring water Tuna, Red Onion, Melted Cheddar & Mayo

Rustic Fries & Slaw

Rustic Fries & Slaw

Cape Burgers on Toasted Pretzel Buns

VEGAN **Beetroot, Red Pepper & Quinoa Burger with Rustic Fries & Slaw** £12.9

Crispy Lettuce, Tomato & Red Onion, Vegan Mayo

Cajun Spiced Chicken Burger with Rustic Fries & Slaw £12.9

Chipotle Mayo, Crispy Lettuce, Tomato & Red Onion

Cheese & Bacon Kiwi Beef Burger with Rustic Fries & Slaw £12.9

Beetroot, Crispy Lettuce, Tomato & Red Onion (Add Fried Egg 50p)

👍 Gourmet Pies

Slow Cooked Cotswold Venison Pie, Creamy Mash, Seasonal Greens, Red Wine Jus £13.8

Marinated in Cider, Cooked with Onions, Mushrooms, Garlic, Herbs & Redcurrant Jelly. Rich & Sweet

Overnight Cooked Shin of Beef Pie, Creamy Mash, Seasonal Greens, Red Wine Jus £13.8

Simmered in Red Wine & Roast Garlic with Root Veg, Thyme & Molasses, Finished with Madeira

Outdoor Reared Wild Boar & Chorizo Pie, Creamy Mash, Seasonal Greens, Red Wine Jus £13.8

In a Sweet Tomato Sauce with Red Peppers, Potato & Onion, Oregano, Smoked Paprika & Dark Chocolate

VEGAN **Chickpea & Veg Masala Pie, Herb Crushed Potatoes, Seasonal Greens, Vegetarian Gravy** £13.8

Delicately Spiced Masala with Carrots, Green Peppers & Peas, Ginger, Garlic, Tamarind & Roasted Cumin

Larger Lunches

Hand Beer Battered Fish & Chips, Crushed Minted Peas £11.9

Delivered Fresh From Cornwall Every Day

Also Available Pan Fried or Grilled

VEGAN **Df** **Super Food Salad in a Ginger & Soy Dession** £11.9

Black Rice, Quinoa, Red Pepper, Carrot, Soya Beans & Avocado - Add Paprika Chicken £2

GF VEGAN **Cauliflower, Cashew, Spinach & Mustard Sauce Wellington** £11.9

Herb Crushed New Potatoes & Mixed Greens

Great with a Gluten Free Peroni

Hand Stretched Italian Pizza

BOATMANS - Mozzarella, Pepperoni, Garlic, Basil £11

GONGOOZLER - Mozzarella, Pepperoni, Serrano Ham, Spicy Beef £12

JOSHER - Mozzarella, Mushrooms, Ham, Artichokes, Black Olives, Oregano £12

V BOW THRUSTER - Mozzarella, Red Onion, Olives, Capers, Roasted Pepper & Artichokes £12

V MONKEY BOAT - Mozzarella, Fresh Tomato, Basil £10

Pizza Extra Items

Artichokes - Serrano Ham - Spicy Beef - Pulled Pork - BBQ Jackfruit £2

Jalapeños - Black Olives - Mushrooms - Pepperoni - Ham - Capers - Red Onions £1.5

Cape Chip Choices

V Rustic Skin on Chips £3

V Gourmet Thick Cut Chips £3.5

V Shoestring Fries £3

V Kumura Chips (Sweet Potato) £4.5
Sweet Chilli Sauce

V A Bit Posh £3.9

Rustic Chips, Parmesan, Truffle Oil

V Naughty but Nice £3.9
Rustic Chips, Garlic Butter

Bar Snacks

♥ Screaming Mexican £6.9

Gourmet Chips, Chilli, Cheese & Jalapeños
It's a Cape Favourite

Ultimate Loaded Fries £6.9

Gourmet Chips, BBQ Pulled Pork, Melted Cheese
Vegan Pulled Pork (Jackfruit) Option

Cape Sides

V GF Cape Side Salad £3

V GF Seasonal Veggies £3.5

V Garlic Ciabatta £3.5

V Cauliflower Cheese £3.9

V Caprese Salad £4.5

Mozzarella, Tomatoes & Basil

V Giant Battered Onion Rings £3.5

Desserts

Pimms Eton Mess £6.5

Mixed Berries, Crumbled Meringue, Double Cream

GF Df VEGAN

Blackcurrant Mousse Biscuit Slice £5.9

Mixed Berry Compote

Bowl of Jude's Ice Cream - Choose Any 3 Scoops £5.75

Salted Caramel, Mint Choc Chip, Truly Chocolate, Honeycomb, Strawberry, Vanilla, Mango Sorbet

Italian Rich Dark Chocolate Pud with a Soft Goey Chocolate Centre £6.5

Jude's Salted Caramel Ice Cream

GF Df VEGAN

Jude's Vegan Ice Cream Bowl - Choose Any 3 Scoops £5.9

Salted Caramel, Chocolate or Vanilla

Gin & Elderflower Cheesecake £6.5

Ginger Biscuit Base Topped with Gin & Elderflower Flavour Cheesecake & Edible Flowers

Belgian Waffles £6.2

Honeycomb Ice Cream, Caramel Sauce

Ginger, Rum & Raisin Pudding £6.5

Toffee Sauce, Salted Caramel Ice Cream

Lavazza Coffee

Espresso £2.2

Latte £2.6

Hot Chocolate £2.7

Long Black / Americano £2.2

Cappuccino £2.6

Flat White £2.4